

NEW YORK ORTHOPAEDIC HOSPITAL ALUMNI ASSOCIATION



75TH BIENNIAL MEETING
♦
150TH ANNIVERSARY CELEBRATION



ACADEMIC PROGRAM

MAY 13 – 14, 2016

NewYork-Presbyterian/Columbia University Medical Center
Heart Conference Center – Myrna L. Daniels Auditorium
173 Fort Washington Avenue
New York, New York

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75TH BIENNIAL MEETING
150TH ANNIVERSARY CELEBRATION



Welcome Alumni, Friends, Honored Guests

Welcome to the 75th Biennial Meeting of the New York Orthopaedic Hospital Alumni Association, and 150th Anniversary Celebration of this historic program. We are honored to have so many of our NYOH/Columbia Orthopedics alumni return for this weekend to share memories with colleagues, friends, and families. And of course, it is a particular privilege to have Dr. Dan Berry, former AAOS President; Dr. Alex Vaccaro, current Chairman of the Rothman Institute; and Dr. Louis Soslowsky, current Director of the Penn Center for Musculoskeletal Disorders, serve as the Stinchfield, DeForest Smith, and NYOH Distinguished Alumni speakers, respectively.

Our Department has trained hundreds of orthopedic surgeons over the past 150 years, and our graduates have always been distinguished by their dedication to patient care, integrity, and desire to pass the torch to the next generation of orthopedic surgeons.

As the tenth Chairman of the Department, I am humbled and honored to be your host for the weekend. Our faculty, alumni, and Dr. Jon Ticker (NYOH Alumni Association President) have put together a fantastic academic program and some terrific social events. Thank you again for your continued support of NYOH/Columbia Orthopedics, and I hope you have a fantastic weekend "back home!"

All the best,

William N. Levine, MD
Frank E. Stinchfield Professor and Chair
Department of Orthopedic Surgery

Program Directors

William N. Levine, MD
*Frank E. Stinchfield Professor and Chair,
 Department of Orthopedic Surgery, Columbia University
 College of Physicians & Surgeons, New York, NY*

Jonathan B. Ticker, MD
*President, NYOH Alumni Association
 Orlin & Cohen Orthopedic Group, Merrick, NY;
 Assistant Clinical Professor of Orthopedic Surgery, Columbia
 University College of Physicians & Surgeons, New York, NY*

Course Faculty

Christopher S. Ahmad, MD
*Professor of Orthopedic Surgery, Columbia University College of
 Physicians & Surgeons, New York, NY*

Justin K. Greisberg, MD
*Associate Professor of Orthopedic Surgery, Columbia University
 College of Physicians & Surgeons, New York, NY*

Answorth A. Allen, MD
*Associate Attending Orthopaedic Surgeon, Hospital for Special
 Surgery, Associate Professor of Clinical Orthopaedic Surgery,
 Weill Cornell Medical College*

Ronald P. Grelsamer, MD
*Clinical Associate Professor of Orthopedic Surgery, Mount Sinai
 Medical Center, New York, NY*

Gerard A. Ateshain, PhD
*Professor and Chair, Andrew Walz Professor of Mechanical
 Engineering, Columbia University Fu Foundation School of
 Engineering and Applied Science*

Joshua E. Hyman, MD
*Associate Professor of Orthopedic Surgery, Columbia University
 College of Physicians & Surgeons, New York, NY*

Daniel J. Berry, MD
*L.Z. Gund Professor of Orthopedic Surgery, Mayo Clinic,
 Rochester, MN*

Richard Iorio, MD
*Dr. William and Susan Jaffe Professor of Orthopaedic Surgery,
 NYU Langone Medical Center, New York, NY*

Louis U. Bigliani, MD
*Chairman Emeritus, Department of Orthopedic Surgery, Columbia
 University College of Physicians & Surgeons, New York, NY*

Charles M. Jobin, MD
*Assistant Professor of Orthopedic Surgery, Columbia University
 College of Physicians & Surgeons, New York, NY*

Edwin R. Cadet, MD
Raleigh Orthopaedic Clinic, Raleigh, NC

Julie M. Keller, MD
Restoration Orthopaedics, Maywood, NJ

Kevin A. Cassidy, MD
Orthopaedic Associates of Manhasset, Manhasset, NY

Michael A. Kelly, MD
*Chair, Department of Orthopedics and Sports Medicine,
 Hackensack University Medical Center, Hackensack, NJ*

Charles M. Chan, MD
*Clinical Assistant Professor of Orthopaedic Surgery,
 Stanford School of Medicine, Palo Alto, CA*

Yongjung J. Kim, MD
*Associate Professor of Orthopedic Surgery, Columbia University
 College of Physicians & Surgeons, New York, NY*

Cary B. Chapman, MD
*Clinical Assistant Professor, Department of Orthopaedic Surgery,
 NYU Langone Medical Center, New York, NY*

William B. Kleinman, MD
*Clinical Professor of Orthopaedic Surgery, Indiana University
 School of Medicine, Indianapolis, IN*

Frank A. Cordasco, MD
*Attending Orthopaedic Surgeon, Hospital for Special Surgery
 Professor of Orthopaedic Surgery, Weill Cornell Medical College,
 New York, NY*

Mark S. Kowalsky, MD, MBA
*ONS Foundation for Clinical Research & Education,
 Orthopaedic & Neurosurgery Specialists, Greenwich, CT*

Xavier A. Duralde, MD
Peachtree Orthopaedic Clinic, Atlanta, GA

Ronald A. Lehman, Jr., MD
*Professor of Orthopedic Surgery, Columbia University College of
 Physicians and Surgeons, New York, NY*

Leslie Fink Barnes, MD
*Assistant Professor, Orthopaedic Surgery and Sports Medicine,
 Temple University Health System, Philadelphia, PA*

William N. Levine, MD
*Frank E. Stinchfield Professor and Chair, Department of Orthopedic
 Surgery, Columbia University College of Physicians & Surgeons,
 New York, NY*

Charla R. Fischer, MD
*Assistant Professor of Orthopedic Surgery, Columbia University
 College of Physicians & Surgeons, New York, NY*

Margaret J. Lobo, MD
Lahey Hospital & Medical Center, Peabody, MA

Laura L. Forese, MD
*Chief Operations Officer, NewYork-Presbyterian, Associate
 Professor of Orthopedic Surgery, Columbia University College of
 Physicians & Surgeons, New York, NY*

Helen H. Lu, PhD
*Professor of Biomedical Engineering, Columbia University Fu
 Foundation School of Engineering and Applied Science,
 New York, NY*

Mark I. Froimson, MD
*Executive Vice President, Chief Clinical Officer, Trinity Health,
 Livonia, MI*

T. Sean Lynch, MD
*Assistant Professor of Orthopedic Surgery, Columbia University
 College of Physicians & Surgeons, New York, NY*

Gregory J. Galano, MD
New York Sports Medicine Institute, New York, NY

William B. Macaulay, MD
*Nas S. Eftekhari Professor of Orthopedic Surgery, Columbia
 University College of Physicians & Surgeons, New York, NY*

Jeffrey A. Geller, MD
*Associate Professor of Orthopedic Surgery, Columbia University
 College of Physicians & Surgeons, New York, NY*

Jeremy J. Mao, DDS, PhD
*Edwin S. Robinson Professor of Dentistry, Columbia University
 College of Dental Medicine, New York, NY*

Steven D. Glassman, MD
*Professor, Department of Orthopaedics, University of Louisville
 School of Medicine, Staff Physician at the Norton Leatherman
 Spine Center, Louisville, KY*

Gregory M. Martin, MD
Preferred Orthopedics of the Palm Beaches, Boynton Beach, FL

Course Faculty *(continued)*

Peter D. McCann, MD

Chairman, Department of Orthopedic Surgery, Mount Sinai Beth Israel; Professor of Orthopaedics, Icahn School of Medicine at Mount Sinai; Mount Sinai Health System, New York, NY

Joshua A. Metz, MD

Steadman Hawkins Clinic—Denver, Greenwood Village, CO

David G. Nazarian, MD

Clinical Assistant Professor of Orthopaedic Surgery Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA

Greg M. Osgood, MD

Assistant Professor of Orthopaedic Surgery, Johns Hopkins School of Medicine, Baltimore, MD

Charles A. Popkin, MD

Assistant Professor of Orthopedic Surgery, Columbia University College of Physicians & Surgeons, New York, NY

Craig S. Radnay, MD, MPH

Insall Scott Kelly Institute for Orthopaedics and Sports Medicine, New York, NY

Ra’Kerry K. Rahman, MD

Springfield Clinic Orthopedic Group, Springfield, IL

K. Daniel Riew, MD

Professor of Orthopedic Surgery, Columbia University College of Physicians and Surgeons, New York, NY

Michael S. Roh, MD

Rockford Spine Center, Rockford, IL

Melvin P. Rosenwasser, MD

Robert E. Carroll Professor of Hand Surgery, Columbia University College of Physicians & Surgeons, New York, NY

David P. Roye, Jr., MD

St. Giles Professor of Pediatric Orthopedic Surgery, Columbia University College of Physicians & Surgeons, New York, NY

Benjamin D. Roye, MD

Assistant Professor of Orthopedic Surgery, Columbia University College of Physicians & Surgeons, New York, NY

Brian M. Schulz, MD

Kerlan-Jobe Orthopaedic Clinic, Los Angeles, CA

William H. Seitz, Jr., MD

Professor of Orthopedic Surgery, Cleveland Clinic, Cleveland, OH

Roshan P. Shah, MD

Assistant Professor of Orthopedic Surgery, Columbia University College of Physicians & Surgeons, New York, NY

Beth E. Shubin Stein, MD

Associate Attending Orthopedic Surgeon, Hospital for Special Surgery, Associate Professor of Orthopedic Surgery, Weill Cornell Medical College, New York, NY

Louis J. Soslowsky, PhD

Director of the Penn Center for Musculoskeletal Disorders, University of Pennsylvania, Philadelphia, PA

Stephen K. Storer, MD

Joe DiMaggio Children’s Hospital, Hollywood, FL

Brian W. Su, MD

Mt Tam Orthopedics - Spine Center, Marin General Hospital, Larkspur, CA

Stavros Thomopoulos, PhD

Professor of Biomechanics (in Orthopedic Surgery and Biomedical Engineering), Columbia University, New York, NY

Jonathan B. Ticker, MD

Orlin & Cohen Orthopedic Group, Merrick, NY; Assistant Clinical Professor of Orthopedic Surgery, Columbia University College of Physicians & Surgeons, New York, NY

Alexander R. Vaccaro, MD, PhD, MBA

Richard H. Rothman Professor and Chairman, Department of Orthopaedic Surgery; Professor of Neurosurgery; Sidney Kimmel Medical Center at Thomas Jefferson University; President, Rothman Institute, Philadelphia, PA

Michael G. Vitale, MD, MPH

Ana Lucia Professor of Pediatric Orthopedic Surgery, Columbia University College of Physicians & Surgeons, New York, NY

Mark A. Vitale, MD, MPH

ONS Foundation for Clinical Research & Education, Orthopaedic & Neurosurgery Specialists, Greenwich, CT

J. Turner Vosseller, MD

Associate Professor of Orthopedic Surgery, Columbia University College of Physicians & Surgeons, New York, NY

Kevin Wang

Director of Quality, Department of Orthopedic Surgery, Columbia University Medical Center, New York, NY

Angela A. Wang, MD

Associate Professor of Orthopedic Surgery, University of Utah, Salt Lake City, UT

Mark Weidenbaum, MD

Professor of Orthopedic Surgery, Columbia University College of Physicians & Surgeons, New York, NY

Program Description & Objectives

The objective of this course, intended for practicing orthopedic surgeons and affiliated providers, is to present a comprehensive review and update on current trends and topics in orthopedic surgery, with special emphasis on translational research, quality, and sub-specialty practice in adult hip & knee reconstruction, foot & ankle, hand, pediatric orthopedics, shoulder, sports medicine, and spine. The format includes didactic lectures, case presentations, panel discussions, and question & answer sessions.

On completion of this course, the participants will be better able to:

- Apply current techniques, procedures, and general medical knowledge in orthopedic surgery and its primary sub-specialty practices.
- Discuss current trends and topics related to quality.
- Discuss recent advances in translational orthopedic and biomechanics research.

Accreditation Statement

The College of Physicians and Surgeons of Columbia University is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

AMA Credit Designation Statement

The College of Physicians and Surgeons designates this live activity for a maximum of 13.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Alan DeForest Smith Memorial Lecturer



Alexander R. Vaccaro, MD, PhD, MBA

Dr. Vaccaro is the President & Chairman of the Rothman Institute, Richard H. Rothman Professor and Chairman, Department of Orthopaedic Surgery and Professor of Neurosurgery at Thomas Jefferson University in Philadelphia, Pennsylvania. He was the recipient of the Leon Wiltse award given for excellence in leadership and clinical research for spine care by the North American Spine Society (NASS) and is the past President of the American Spinal Injury Association and current President of the Association for Collaborative Spine Research.

He has over 630 peer reviewed and 200 non-peer reviewed publications. He has published over 300 book chapters and is the editor of over 50 textbooks and co-editor of OKU-Spine I and editor of OKU-8. Dr. Vaccaro also serves as Co-Director of the Regional Spinal Cord Injury Center of the Delaware Valley and Co-Director of Spine Surgery and the Spine Fellowship program at Thomas

Jefferson University Hospital where he instructs current fellows and residents in the diagnosis and treatment of various spinal problems and disorders.

He completed a year of Surgical Internship at Cedars-Sinai Medical Center in Los Angeles, CA and his Orthopaedic Surgery Residency was at Thomas Jefferson University where he graduated in 1992. Dr. Vaccaro completed a Spine Fellowship at the University of San Diego, CA. He earned a PhD in 2007 in the field of Spinal Trauma. Dr. Vaccaro graduated Summa Cum Laude from Boston College in 1983 with a B.S. in Biology. He received his M.D. degree from Georgetown University School of Medicine where he was promoted with "Distinction." He earned membership in the Alpha Omega Alpha (AOA) Honor Society and graduated with honors in 1987.

Frank E. Stinchfield Memorial Lecturer



Daniel J. Berry, MD

Dr. Berry attended Harvard Medical School, then performed his orthopedic surgery residency in the Harvard Combined Program. He performed a six-month fellowship in surgery of the hip in Bern, Switzerland, and Paris, France, and another fellowship in Adult Reconstruction at Mayo Clinic, Rochester, Minnesota. In 1991, Dr. Berry joined the Mayo Clinic staff and served as Chairman of the Department of Orthopedic Surgery at Mayo Clinic from 2005-2014, where he is currently the L.Z. Gund Professor of Orthopedic Surgery.

He has published over 195 peer-reviewed papers, 88 book chapters and has edited 8 books on hip and knee arthroplasty.

Dr. Berry has served as a director of the American Board of Orthopaedic Surgery, as the Chairman of the Maurice E. Müller Foundation, President of the Mid-America Orthopaedic Association, President of the American Association of Hip and Knee Surgeons, and President of the American Academy of Orthopaedic Surgeons. He is a member of the Board of Directors of The Hip Society and the International Hip Society and Chair of the Board of Directors of the American Joint Replacement Registry. He is a member of the Board of Trustees of the Mayo Clinic and of The Journal of Bone and Joint Surgery.

Guest Lecturers

Distinguished Alumnus Award



Louis J. Soslowsky, PhD

Dr. Lou Soslowsky received his Ph.D. from Columbia University in Engineering Mechanics and Biomechanics and began his first faculty appointment at the University of Michigan in 1991 where he rose to the rank of Associate Professor with tenure. In 1997, he was recruited to the University of Pennsylvania where he is now the Fairhill Professor of Orthopaedic Surgery and Professor of Bioengineering, Vice Chair for Research in the Department of Orthopaedic Surgery, Founding Director of the NIH-sponsored, campus-wide Penn Center for Musculoskeletal Disorders (PCMD) and Associate Dean for Research for Core Facilities. The PCMD is the longest running NIH sponsored Center of its kind in the country. There are currently more than 125 faculty members of the PCMD and membership has recently been expanded beyond Penn to include faculty at 10 other regional institutions.

Dr. Soslowsky is well-funded from the NIH, foundations and from industry. He is the only investigator who has ranked in the top 5 of orthopedic department-based researchers in NIH funding for the past 5 consecutive years. During all of these years, the research programs in the Department of Orthopaedic Surgery have also been ranked in the top 5 amongst orthopaedic departments in the country under Lou's leadership. He has won several prestigious awards including the YC Fung Young Investigator Award from the American Society of Mechanical Engineers (ASME), the Charles Neer Award from the American Shoulder and Elbow Surgeons (twice), the Hughston Award from the American Orthopaedic Society for Sports Medicine, and the Kappa Delta Award in 2010 from the American Academy of Orthopaedic Surgeons. In 2016, he was honored with the Outstanding Mentor Award from the Orthopaedic Research Society. He is a Fellow of ASME and AIMBE, and is a Past Chair of the Bioengineering Division of ASME. He was the Basic Research Editor for the Journal of Shoulder and Elbow Surgery and has served on the Boards for the Journal of Biomechanics, the Journal of Biomechanical Engineering, the Journal of Orthopaedic Research, and Matrix Biology. He serves as an active reviewer for several agencies, most notably including the NIH. He has authored or co-authored more than 500 published articles, abstracts, or book chapters. Dr. Soslowsky has honed his leadership skills through completion of the Whitaker Foundation Academic Leadership Program and the Penn Medicine-Wharton Academic Medicine Leadership program.

Dr. Soslowsky is a bioengineer who seeks to understand and uncover etiologic factors and pathologic mechanisms driving injury, healing, repair, and regeneration of tendons and ligaments and to use this information to develop and evaluate potential treatment modalities. He has made major advances in understanding the injury process involved in the various tendons, as well as in designing targeted treatment modalities for these conditions. He has developed innovative model systems for such studies that have become the standard systems for such studies world-wide. These studies are multi-disciplinary in nature, have a strong basis in mechanics, with other assays such as molecular biology, biochemistry, histology, imaging, and in vivo assessments being utilized, often in animal model systems. He collaborates actively with orthopedic surgeons, developmental biologists, and others in a broad multidisciplinary team.

FRIDAY, MAY 13

7:00 am Registration & Continental Breakfast

Registration – *Myrna L. Daniels Auditorium Lobby*

Breakfast – *Riverview Terrace*

7:25 - 8:00 WELCOME

7:25 Steven J. Corwin, MD

President and Chief Executive Officer, NewYork-Presbyterian

7:30 Welcome – Jonathan B. Ticker, MD

President, NYOH Alumni Association

7:35 State of the Department Address – William N. Levine, MD

Frank E. Stinchfield Professor and Chair, Department of Orthopedic Surgery

8:05 - 9:10 PEDIATRIC ORTHOPEDICS

Joshua Hyman, MD – Moderator

8:05 ACL in Skeletally Immature Patients

Cross Physis – Charles A. Popkin, MD

Avoid Physis – Charles M. Chan, MD

Q&A/Discussion

8:20 Painful Flexible Flatfoot

Leave Alone – Stephen K. Storer, MD

Fix – Joshua E. Hyman, MD

Q&A/Discussion

8:35 Grade 1 Open Forearm Fractures

Wash Out – David P. Roye, Jr., MD

Watch Out – Benjamin D. Roye, MD

Q&A/Discussion

8:50 Update on Adolescent Idiopathic Scoliosis – Michael G. Vitale, MD, MPH

9:00 Q&A/Discussion

Friday, May 13

9:15 - 10:40 SPORTS/SHOULDER – Alumni Battles

Christopher S. Ahmad, MD, Charles M. Jobin, MD – Moderators

9:15 Welcome and Ground Rules**9:20 Shoulder Instability – The Neer Influence**

Failed Scope Instability: Why and How to Fix It – *Answorth A. Allen, MD*

Open Neer Capsular Shift: Still the Gold Standard? – *Frank A. Cordasco, MD*

9:35 Alumni Panel Battle: Shoulder Instability Controversial Cases

Referee – *William N. Levine, MD*

Panel – *Drs. Allen, Cordasco, Jobin, Lynch, Schulz*

Case 1: Adolescent Instability with Large Hill Sachs – *Charles M. Jobin, MD*

Case 2: NBA Player in Season Instability – *Answorth A. Allen, MD*

9:50 Remplissage: Lessons Learned and When to Adopt New Procedures –

Christopher S. Ahmad, MD

9:55 Rotator Cuff Tears

Partial Thickness Tear: In-situ vs Completion and Repair – *Xavier A. Duralde, MD*

Cost-Benefit of the Double Row RCR in Practice: Decisions for Your Surgicenter?

Jonathan B. Ticker, MD

10:10 Alumni Panel Battle: Rotator Cuff Repair - Routine to Complicated

Referee – *William N. Levine, MD*

Panel – *Drs. Cadet, Duralde, Fink Barnes, Galano, Kowalsky, McCann, Ticker*

Case 1: Medial Row Cuff Re-Tear in 50 year old – *Xavier Duralde, MD*

Case 2: Very Stiff Shoulder with Cuff Tear – *Marc S. Kowalsky, MD, MBA*

10:25 Top 5 Things Learned in Residency and After Residency Revealed by Our Alumni

Christopher S. Ahmad, MD

10:30 Q&A/Discussion**10:40 - 10:55 BREAK – Riverview Terrace**

Friday, May 13

10:55 - 12:00 **QUALITY – How to Get Better at What We Do**

Michael G. Vitale, MD, MPH – Moderator

- 10:55 **Optimizing Quality Across Columbia Orthopedics** – *Michael G. Vitale, MD*
- 11:05 **Bundled Payments, Hip Fracture Protocols, and Spine SSI:
Where the Rubber Hits the Road** – *Kevin Wang*
- 11:15 **Improving Performance in and Out of the OR** – *Christopher S. Ahmad, MD*
- 11:25 Q&A/Discussion
- 11:35 **Leadership in 2016: How to Maximize Success** – *William N. Levine, MD*
- 11:45 **The Challenge of Quality Across Scale** – *Laura L. Forese, MD*
- 11:55 Q&A/Discussion

12:05 - 12:35 **NYOH Celebration**

- 12:05 **150 Years of Excellence: Patient Care, Research, Education** – *Louis U. Bigliani, MD*

12:35 - 1:15 **LUNCH** – *Riverview Terrace*

1:15 - 2:25 **TRANSLATIONAL RESEARCH**

Stavros Thomopoulos, PhD – Moderator

- 1:15 **Integrative Rotator Cuff Repair** – *Helen H. Lu, PhD*
- 1:35 **Osteochondral Allograft Bending for Thumb CMC OA Treatment** – *Gerard A. Ateshian, PhD*
- 1:55 **Translational Models of Orthopedic Regeneration** – *Jeremy J. Mao, DDS, PhD*
- 2:15 Q&A/Discussion

2:30 - 3:15 **NYOH Distinguished Alumnus Award**

- 2:30 **Tendon Healing in a Rotator Cuff Animal Model**
Louis J. Soslowsky, PhD
- 3:00 Q&A/Discussion

Friday, May 13

3:15 - 4:25 SPINE

K. Daniel Riew, MD – Moderator

3:15 **Introduction to The Spine Hospital** – *K. Daniel Riew, MD; William N. Levine, MD*

3:20 **Which Operation Is Best? – Cervical Radiculopathy Due to Foraminal Disc Herniation**

Arthroplasty – *Charla R. Fischer, MD*

ACDF – *Ra’Kerry Rahman, MD*

Posterior Foraminotomy – *K. Daniel Riew, MD*

Q&A/Discussion

3:35 **Which Operation Is Best? – Congenital Stenosis, 3 Level Cervical Myelopathy, Mild Neck Pain, Normal Lordosis**

Posterior Laminectomy and Fusion – *Alexander R. Vaccaro, MD, PhD, MBA*

3 Level Anterior Decompression Fusion – *Michael S. Roh, MD*

Laminoplasty – *K. Daniel Riew, MD*

Q&A/Discussion

3:50 **Which Approach Is Best? – Young Male with Severe Back Pain for 9 Months**

Surgery is Reasonable – *Yongjung J. Kim, MD*

Don’t Do It! – *Steve D. Glassman, MD*

Q&A/Discussion

4:00 **Which Operation is Best? – Lumbar fusion at L3-4**

Posterior Fusion – *Mark Weidenbaum, MD*

OLIF – *Ron A. Lehman, Jr. MD*

XLIF – *Brian W. Su, MD*

Q&A/Discussion

4:15 **Comments/Discussion**

4:30 - 5:30 ALAN DEFOREST SMITH MEMORIAL LECTURE

4:30 **Choosing to Go into Academic Medicine: The Journey and Its Ups and Downs**

Alexander R. Vaccaro, MD, PhD, MBA

5:15 **Q&A/Discussion**

5:30 ADJOURN

5:30 - 7:30 **Reception** – *Riverview Terrace*

Friday, May 13

SATURDAY, MAY 14

7:00 am Registration & Continental Breakfast

7:30 - 9:00 ADULT HIP & KNEE RECONSTRUCTION

Jeffrey A. Geller, MD – Moderator

7:30 Where Have We Been?

Metal-on-Metal Hips – They Keep Coming Back to the Office ... What Do I Do? – *Daniel J. Berry, MD*
 I Had a Great Hip for 3 Years, Why Is It Hurting Now? Trunionosis – *William B. Macaulay, MD*

7:43 Where Are We Now?

How Would an Orthopedic Surgeon Have His or Her Hip Replaced?

Anterior: Affirmative – *Roshan P. Shah, MD*

Anterior: Negative – *Kevin A. Cassidy, MD*

Discussion

8:00 It's 2016, How Can We Tolerate a 15% Dissatisfaction Rate After TKA? – *David G. Nazarian, MD*

What Will My Practice Look Like in 5 Years? How Will the Bundled Payment Initiative Affect the Future of Arthroplasty Surgeons? – *Richard Iorio, MD*

We Know Quality Matters – How Hard Will It Be to Get There? – *Mark I. Froimson, MD*

8:18 Where Are We Going?

Partial Knee Replacement Outpatient Total Joint Replacement Surgery

Affirmative – *Gregory M. Martin, MD*

Negative – *Michael A. Kelly, MD*

Discussion

8:36 Uni's – Just an Anti-aging Procedure Until TKA? – *Jeffrey A. Geller, MD*

Is Patellofemoral Arthroplasty Still a Black Box? – *Beth E. Shubin Stein, MD*

Pitfalls and Reasons for Success AND Failure of PFJ Arthroplasty – *Ron P. Grelsamer, MD*

8:54 Q&A/Discussion

9:05 - 10:20 HAND

Melvin P. Rosenwasser, MD – Moderator

9:05 What I Was Taught That I No Longer Do – the Most Significant Development in Hand Surgery within My Career

William B. Kleinman, MD

William H. Seitz, Jr., MD

Angela A. Wang, MD

Mark A. Vitale, MD, MPH

10:10 Q&A/Discussion

Saturday, May 14

10:20 - 10:40 **BREAK** – Riverview Terrace

10:40 - 11:35 **FRANK E. STINCHFIELD MEMORIAL LECTURE**

10:40 **Introduction of New Technology in Orthopaedic Surgery: Lessons from Joint Arthroplasty**
Daniel J. Berry, MD

11:20 **Q&A/Discussion**

11:40 - 12:40 **FOOT & ANKLE**

Justin K. Greisberg, MD – Moderator

11:40 **Dudley Morton and the Structure of the Foot** – *Justin K. Greisberg, MD*

11:50 **Marvin Shelton’s Dislocation Approach to the Ankle Revisited** – *J. Turner Vosseller, MD*

12:00 **Mini-Debate: Lisfranc Injury in Athlete** – Moderator: *J. Turner Vosseller, MD*

Fuse – Margaret J. Lobo, MD

Fix – Joshua A. Metzl, MD

12:10 **Mini-Debate: Ankle Arthritis in a 62 y/o Doctor** – Moderator: *Justin K. Greisberg, MD*

Replace – Craig S. Radnay, MD

Fuse – Cary B. Chapman, MD

12:20 **What’s New in Pilon Fractures** – *Julie M. Keller, MD*

12:30 **Third World Trauma Care** – *Greg M. Osgood, MD*

12:40 **Q&A/Discussion**

1:00 **ADJOURN**

Wrap Up – *Jonathan B. Ticker, MD; William N. Levine, MD*

1:30 - 2:30 **TOURS** (optional)

The Spine Hospital at NewYork-Presbyterian/Allen

Shuttle departs from 173 Ft. Washington Avenue

Carroll Laboratories for Orthopedic Surgery

Groups will assemble and depart from the Heart Conference Center lobby

Saturday, May 14

ACADEMIC PROGRAM

MAY 13 – 14, 2016



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COLUMBIA UNIVERSITY

DEPARTMENT OF ORTHOPEDIC SURGERY

College of Physicians and Surgeons

 **NewYork-Presbyterian**

Department of Orthopedic Surgery

NewYork-Presbyterian/
Columbia University Medical Center

622 W 168th Street, PH 11
New York, NY 10032

212.305.5974
columbiaortho.org