

Pre-Operative Neurontin and Gatorade

Multiple Randomized Control Studies have found that administration of analgesic (pain relief) medication before the onset of a painful stimulus contributes to better overall pain management.

Based upon this evidence, we begin the process of controlling your child's pain before surgery.

At the pre-op appointment we will order one dose of Neurontin (Gabapentin) that your child is to take on the morning of surgery. The medication will be taken with a 20 oz Gatorade. The purpose of the Gatorade is to hydrate your child which will help with the recovery. **The Gatorade and Neurontin are to be finished no less than 2 hours prior to your surgery time.**

The preop nurse will call you the night before surgery and let you know your final surgery time and what time to arrive at the hospital. Although you will be instructed not to allow your child to have anything by mouth on the day of surgery, this medication and Gatorade are both allowed exceptions.

In addition to contributing to pain management, Neurontin can also reduce pre-operative anxiety and may make your child slightly drowsy.

Typically this medication is prescribed in pill form. If your child needs liquid please let us know and we can prescribe it to the hospital pharmacy who carries the liquid.

There are instances when Neurontin is contraindicated (i.e. use of seizure medications, or other medical conditions). If you have any concerns, please address them with your surgeon at the pre-op appointment.